

# Health and Wellness 2005

**1) Gender**

- Male
- Female

**2) Living arrangement**

- House/Apt./etc.
- Residence Hall
- Fraternity/Sorority

**3) Ethnic/Racial Origin**

- African American
- Asian/Pacific Islander
- Caucasian
- Hispanic/Latino
- Native American/Alaska Native
- Interracial
- Other \_\_\_\_\_

**4) Classification**

- Freshman
- Sophomore
- Junior
- Senior
- Grad/Professional

**5) Which of the following extracurricular activities are you involved in: (mark all that apply)**

- Social Fraternity/Sorority Member
- Sports Club Participant
- Intercollegiate Athlete
- Intramural Athlete

**6) Age**

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- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**7) Current weight**

				lbs.
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- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**8) What is your current UA GPA?**

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- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**9) Which best describes your current relationship status?**

- Single (not dating)
- Casually dating
- Exclusively dating one person
- Engaged
- Married
- Other \_\_\_\_\_

**10) Which of the following best describes you?**

- Heterosexual
- Gay/Lesbian
- Bisexual
- Transgender
- Unsure

**11) Please indicate if you have any of the following: (mark all that apply)**

- Learning Disability
- Attention Deficit Disorder
- Deaf or Hard of Hearing
- Blind or Low Vision
- Mobility Problems
- Chronic Health Condition
- Psychiatric Problems

**12) How many nights a week do you usually party?**

- Zero nights
- One night
- Two nights
- Three nights
- Four nights
- Five nights
- Six nights
- Seven nights

**13) To what extent has your alcohol use changed within this school year?**

- Never used
- Not used
- Have quit
- Decreased
- About the same
- Increased

**14a) Do you attend Homecoming pre-game activities (e.g. tents, parade) on the Mall?**

- Yes
- No

**14b) If yes, how important is it to you that alcohol be available at these activities?**

- Important
- No opinion
- Unimportant

**15) When going or hanging out with friends, I prefer to be around people who...**

- Don't drink
- Drink moderately and stay in control
- Drink heavily and get out of control

**16) When going out on a date, I prefer to be with someone who...**

- Doesn't drink
- Drinks moderately and stays in control
- Drinks heavily and gets out of control

**17) Have you ever used Campus Health Service (CHS)?**

- Yes
- No

**18a) Do you need medical insurance to use CHS?**

- Yes
- No

**18b) Do you have medical insurance that requires you to go somewhere other than CHS for your medical care?**

- Yes
- No

**19) Average number of drinks\* you consume in a typical week?**

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- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**20) When you party, how many drinks\* do you usually have?**

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- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**21a) Think back over the last two weeks. Have you had 5 or more drinks\* in one sitting?**

- Yes
- No

**21b) If yes, how many times?**

- 1 - 2 times
- 3 - 5 times
- 6 or more times

**\*NOTE:  
One drink =  
12 oz. Beer  
OR 4-5 oz. Wine  
OR 1 oz. Liquor**



31) Which types of sexual intercourse have you ever had? (mark all that apply)

- Oral
- Vaginal
- Anal

33a) Have you had vaginal or anal intercourse within this school year?

- Yes
- No

32) How many different people have you had vaginal or anal intercourse with in this school year

- Zero
- One
- Two
- Three to five
- Six or more

33b) If yes, how often have you and your partner(s) used a condom?

- Never
- Rarely
- Usually
- Always

36) If you have never had sex, please mark reasons that contributed to your decision to abstain:

	Yes	No
Not met a suitable partner.....	<input type="radio"/>	<input type="radio"/>
Religious beliefs.....	<input type="radio"/>	<input type="radio"/>
Personal/family values.....	<input type="radio"/>	<input type="radio"/>
Plan to wait until marriage.....	<input type="radio"/>	<input type="radio"/>
Concern about STDs.....	<input type="radio"/>	<input type="radio"/>
Concern about pregnancy.....	<input type="radio"/>	<input type="radio"/>
I choose not to have sex at this time in my life	<input type="radio"/>	<input type="radio"/>
I am not interested in sex.....	<input type="radio"/>	<input type="radio"/>

34) If you have experienced any of the following due to drinking alcohol, please indicate the most recent time frame: (mark only one per item)

Not applicable, I do not drink alcohol

	Does not apply	Within this school year	Within the past 30 days	Last time I drank
<input type="radio"/> Not applicable, I do not drink alcohol				
Had a hangover.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been sick.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Missed a class.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Damaged property.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been hurt or injured.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had a memory loss.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experienced threats of physical violence.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Performed poorly on a test or important project.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used marijuana or other drugs while drinking.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been in trouble with school authorities.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been left in a potentially dangerous situation.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gotten into a fight or argument.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been in trouble with the police.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experienced forced sexual touching/fondling.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Experienced unwanted sexual intercourse.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drove while under the influence of alcohol.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Passed out.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37) Have you ever had any of the following sexually transmitted diseases?

	Yes	No
Genital herpes.....	<input type="radio"/>	<input type="radio"/>
Chlamydia.....	<input type="radio"/>	<input type="radio"/>
Gonorrhea.....	<input type="radio"/>	<input type="radio"/>
Genital warts (HPV, condyloma).....	<input type="radio"/>	<input type="radio"/>
HIV/AIDS.....	<input type="radio"/>	<input type="radio"/>
Other sexually transmitted disease(s).....	<input type="radio"/>	<input type="radio"/>

38) I prefer not to have sex on a first date...

- Agree
- Disagree

39) During this school year, I have always respected the wishes of my date/partner if he/she said no to sexual activity.

- Yes
- No

35) How many alcoholic drinks\* do you typically consume on one occasion in each of the following situations?

Not applicable, I don't drink alcohol

	Typically don't drink	Drink One	Drink Two	Drink Three	Drink Four	Drink Five	Drink Six or more
<input type="radio"/> Not applicable, I don't drink alcohol							
Hanging out with friends.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On-campus party.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Off-campus house party (large, I know a few people)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Off campus private party (small, I know most people)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fraternity social function.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sorority social function.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Athletic event.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On a date.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Before driving.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When drinking alone.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In a bar/restaurant.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Before you go out or go to a party.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

40) How many hours a week do you typically exercise/participate in physical activities?

- Less than one hour
- One hour
- 2 - 3 hours
- 4 - 5 hours
- 6 - 7 hours
- 8 or more hours

41) If invited via email, would you complete an online Campus Health Survey?

- Yes
- No

**\*NOTE: One drink = 12 oz. Beer OR 4-5 oz. Wine OR 1oz. Liquor**

42) Which statement below about drinking alcoholic beverages do you feel **best** represents your own attitude?

- Drinking is never a good thing to do
- Drinking is alright but a person should not get drunk
- Occasionally getting drunk is okay as long as it doesn't interfere with academics or other responsibilities
- Occasionally getting drunk is okay even if it does interfere with academics or other responsibilities
- Frequently getting drunk is okay if that's what the individual wants to do

43) During the past 30 days, what percent of UA students do you think have used each of the following?

a. Tobacco	b. Alcohol	c. Marijuana	d. Other drugs
<input type="text"/> <input type="text"/> <input type="text"/> %	<input type="text"/> <input type="text"/> <input type="text"/> %	<input type="text"/> <input type="text"/> <input type="text"/> %	<input type="text"/> <input type="text"/> <input type="text"/> %
<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>
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<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/> <input type="radio"/>

**\*NOTE: One drink = 12 oz. Beer OR 4-5 oz. Wine OR 1 oz. Liquor**

44) How many nights a week do you think the typical UA student parties?

- Zero nights
- One night
- Two nights
- Three nights
- Four nights
- Five nights
- Six nights
- Seven nights

45) To what extent has your tobacco use changed within this school year?

- Never used
- Not used
- Have quit
- Decreased
- About the same
- Increased

46) Have you ever engaged in any of the following activities as part of a requirement for becoming a member or maintaining membership in a club or organization at UA?

- Strenuous physical activities (push ups, wall sits, other calisthenics).....
- Sleep deprivation.....
- Running personal errands for another member.....
- Forced drinking of alcohol.....
- Forced drinking or eating of unusual substances.....
- Physical striking or beating with a hand or object.....
- Being yelled at or ridiculed.....
- Having food, feces, or other objects thrown at you or covering your body
- Illegal activities (theft, destruction of property).....
- Been made to feel degraded or humiliated.....
- Scavenger hunt.....

	Yes	No
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

47) How many drinks\* do you think the typical UA student has when he/she parties?

<input type="text"/>	<input type="text"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>
<input type="radio"/> <input type="radio"/>	<input type="radio"/> <input type="radio"/>

48) Please indicate your opinions on the following statements:

- Being homosexual is healthy and normal.....
- The typical UA student thinks being homosexual is healthy and normal.....
- I would be accepting of a close friend or family member who is homosexual.....
- The typical UA student would be accepting of a close friend or family member who is homosexual.....
- Homosexual people should have the same rights as heterosexual people.....
- The typical UA student thinks homosexual people should have the same rights as heterosexual people..

	Strongly Disagree				
	Disagree				
	Unsure				
	Agree				
	Strongly Agree				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Thank you for completing this survey**